

Message of the Heart

*Revelations by
Dayananda Kandaswami*

*the
Sage
of Tiruvembavai*

**Compiled by
Sadhunathan Nadesan**

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by Daya Kandan

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Preface and Dedication



Lord Ganesha, The Remover of Obstacles

"IN THE HEART of all things, of whatever there is in the universe, dwells the Lord. He alone is reality. Wherefore, renounce vain appearance, rejoice in him. Covet no man's wealth..."

ISHA UPANISHAD

For your meditations & enjoyment



“May we all in non-duality take refuge in surrendering all unto the Lord, dissolve the ego-sense, slay the demon of desire and realize that there are no others.”

– Hitesvara Saravan

The Sage of Tiruvembavai



This book is created in the honor and memory of a great sage. His love and blessings will remain with us always. If you knew the sage, this name may be new to you.

The sage is so named here because he departed this physical world on a highly auspicious day, during the festival of Tiruvembavai 1995, and returned to his natural state of pure consciousness. There is but one life within us all, a single source from which we all spring. He identified with That. As he preferred to remain nameless, ever true to the highest dharma, we honor his wish, because he is you, and you are he. Admitting to a name admits to separation. This, he did not admit.

His friends and family know the various names by which we called him, which were for our convenience. In his later years, he was known to others by the name Daya Kandan. But, he called himself “the nameless one,” “the sage of the Pacific Storm,” “the faceless one,” Dayanada Kandaswami and so forth.

He was with us in this life only a few short years. Though the details of his life are not important, we can relate that the sage was born in China and came to the United States with his family at a young age. Never one to be bogged down in tradition, he rejected the idea of marriage and material gain, and renounced the world to become a Hindu monk. He was with his guru for a number of years, facing many inner

trials, but finally achieved Nirvikalpa Samadhi, the ultimate enlightenment or God Realization.

Once, upon receiving a birthday card, he offered grateful thanks but said, “My physical birth is not important. My actual birthday was on the morning of January 29, 1973, when I realized who I really was.” He became not just a man of God, but a jnani, knower, experienter of That which is beyond experience. He became that mysterious emptiness, his ego vanishing, to be replaced by the fullness of God’s being. As the ancient Hindu Vedic scripture expresses: “Tatvam asi” - Truth am I.

After this time, he did not speak of you and I, but only of the One. Departing the monastery, he wandered among friends and various pursuits with the glee of an actor on the stage. Realizing the unreal nature of daily existence, he danced among us, ever absorbed in the bliss of God intoxication, stealing our hearts and leaving gems of wisdom for those who had ears to hear.

He did no formal teaching, nor did he seek honor for himself as a “big swami” (Hindu male religious teacher). Instead, he remained quietly working within us, absorbing our karma (the sum of a person’s actions in this and previous states of existence. The cosmic law of cause and effect), and offering gentle guidance.

He did write aphorisms and letters, and this book is dedicated to sharing of his words, for the benefit of all mankind.

He said “You do not need to memorize the sastras (scriptures), perform pujas, do penance or go on pilgrimages. Be true to yourself, keep your promises, do your duty, renounce desires and give of yourself with love. This is the true Sanatana Dharma, the singular simple message I brought into this world.”

What is a Sage?

This question has to be asked in the context of Sanatana Dharma (eternal path), another name for Hinduism.

The sage rejected certain aspects of organized or ritualistic religion, but was in fact a Hindu. Hinduism is that tolerant, that vast, that wise, and that compassionate, that it embraces those who reject it! He taught that the only true religion is Love. Our sage was a devotee of the great Hindu cosmic Lord Ganesha (whose picture is at the beginning of this dedication.) He often uttered his praises.

Hinduism has no one human leader, as do other religions. Lord Ganesha is the leader of Hinduism. He is an intergalactic being who dwells in the spiritual realms of light and love, and governs from within. His law is just, justice is His mind. You can contact Lord Ganesha instantly just by looking in His eyes, or visualizing Him in your mind. Picture the large elephant head, and the all knowing large round eyes. Then, he is with you, just as if you dialed his number, and He answered.

Hinduism, in fact, is a most disorganized organized religion. It rejects none, and accepts all. Therefore, it can seem to be very contradictory. Like life, it springs from a single truth, the eternal truth, called the sanatana dharma. This truth, the oneness of all, has been rediscovered by saints, sages, and satgurus (the holy men of Hinduism) throughout the ages, and re-expressed by each in their own way. Thus Hinduism is a vast vast collection of what are perhaps tiny individual religions, yet sharing a common background of belief and heritage.

Another great holy man of Hinduism, our sage's teacher, wrote "There are and have always been many holy men and women within the Sanatana Dharma. They are considered holy because of their loving surrender to God and the Gods, their dedication to our faith, their accomplishments and profound realizations. Their knowing is more important than

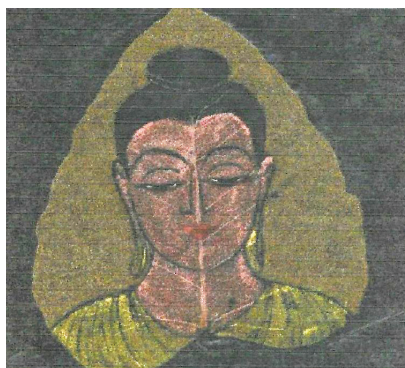
their learning, their purity more essential than their position. It is very difficult to be so disciplined and devoted, and so we honor and love those who have attained God's grace, and worship the divine within them, not their personality or humanness. Because of Hinduism's great diversity and decentralized organization, holy ones are not individually canonized, for there is no single ecclesiastical hierarchy to do this. Still, saints sages and satgurus are sanctified by followers within their own sampradaya (lineage). Each within his or her own sphere of devotees is the authority on religious matters, listened to and obeyed as such. Sages, though perfectly liberated, may outwardly appear detached and ordinary. Yes, there are those in our religion who are inwardly pure and awakened, but who do not outwardly display their attainment. These are known as sages and often live as secluded munis or wander as homeless mendicants, remaining aloof from the world..."

The Vedas declare, "Not understanding, and yet desirous to do so, I ask the wise who know, myself not knowing: 'Who may He be, the One in the form of the Unborn, who props in their place the six universal regions?'" from *"Dancing with Siva, Hinduism's Contemporary Catechism,"* by Satguru Sivaya Subramuniyaswami, copyright @ 2003 Himalayan Academy.

Jai Ganesh!
Praise to the Sage of Tiruvembavai!
Om Namasivaya
Om Shanti Shanti Shanti

The Realization of the Self

The Seeress



On January 29, 1973 Reverend Brother Daya realized The Self in his sleep. The best he could recall of the experience is that he was talking to a Seeress who was charting his astrology. After describing to Daya some of the aspects of his sign she commanded "Now realize that you are the infinite being in all things," At that moment effortlessly and painlessly Daya dissolved into The Self. He awoke into somewhere between the conscious and subconscious mind, then opened his physical eyes. Then for a moment he wondered if he did, or didn't realize The Self? But the reassurance within knows he has and he impressed the subconscious by affirming it a few times. Then it dawned on him that there is nothing to say about The Self. It's the simplest of experience. Only the perspective is changed from the inside, Realization has nothing to do with the spiritual path. A fool can do it and in an instant become a wise man. The first experience is not done consciously and the channel is dug during later experiences. The body feels refreshed after the short sleep – or non-sleep, Two directions to work towards;

1. To find the center and stillness in all sound and form.
2. To move, speak, think only for HimSelf as there's only one here. You speak only to Yourself.

Self-Realization's Aftermath

He spent the first few hours installing his study desk and began his ookanashum (assignments). He felt a union with all the people and objects around himself. Each time he was drawn towards duality he withdrew back with the phrase "There's only one here." He felt the Guru and himself to be the same entity and saw the Guru in a new light as the same being as himself. He felt, it is important to set a kaneef (inner perspective) pattern where he can sustain his realization from one emkaeef (awareness dissolving) to the next. It's possible to forget. The greatest assurance will be his second emkaeef experience. He wants to jump and dance but restrained himself as a seed first sprouted cannot be plucked and examined. The body is weary as if after giving a birth.

Editor's notes:

The above letter, in his own hand and with no title, was written by the Sage on the day of his enlightenment, as his own description to himself about the event. After this, he never admitted the existence of a second.

Regarding the Seeress, in later years he described her as a Chinese Goddess. After his passing, the picture above was found with this letter. It is a hand painted portrait delicately created on a leaf.

The italicized words are from the shum language, pronounced "shoom," a mystical language of meditation unfolded by Daya's Guru. The definitions of the shum words used by the Sage are given below; they are taken from a shum dictionary, now out of print, but known by him and published not long before the above letter was written.

Ookanashum: (ooo-KAH-nawh-shoom) Assignment, apprenticeship, a sadhana. The state of causing a deliberate innovation to one's consciousness by taking on a spiritual discipline that has been given by one's Gurudeva. This word means the taking on of a sadhana, the name of and the

performance of a spiritual discipline. An assignment given by the Guru to his sishya, the working through and final accomplishment of a sadhana which helps the sishya arrive into full control over the flow of awareness.

Kaneef: (Kah-NEEE-fff) The perspective of a religious way of life. Essentially, kanef names a religious feeling or need. The area of mind where this need is fulfilled, so that shumeef is a constant experience for the devotee. The governing laws of being in constant remembrance of the path to the Holy Feet of Lord Siva. Shumeef is the perspective that the mind is complete in all phases of manifestation, that all experiences or states of mind always exists, and that awareness, as a pure traveler, moves through the unmoving mind. In other words, we do not become happy or unhappy, for example. We simply move, as awareness, into the area of mind which is always happy, or always unhappy, just as a traveler may move from city to city, but does not become the city.

Emkaeef: (EEEMMM-kah-EEEEFF) The Self, God. Awareness elimination, Self-Realization, matter eliminating itself, realization. The intense state of kaef [awareness aware only of itself] when awareness withdraws all energies from all bodies into a peak experience. This experience may be brief. Emkaef does not name what is found from the experience. It only names the entrance and what happens to kaef.

GRACE

What a mysterious journey the Lord takes us on.

It's by grace that we are born into ignorance.

By grace that we first sense a deeper reality.

By grace that we struggle to know.

By grace that we awaken to our true Self, and finally by
grace we realize the bliss and stillness within.

So gracious Lord, end our soulful wandering.

Take us into your being and give us our final rest.

INTRODUCTION



Sivalingam

“This is a riddle puzzling yet so clear

The pious must practice
The faithful can only believe
The wise may have knowledge but only children are
carefree

It is what it is!

A Swami is not swami
A Sannyasi not sannyas
The whole is not its parts
Be a part and you will never be whole

From which lips are the Vedas not being sung?
In whose hand is Siva puja not being done?

Who'll pray for rain when the well is sunk?
or cling to the shells when the nut meat's free?

Is this madness, heresy, or knowledge supreme?

Who can give like the sun
and move like the breeze?
Or love so deeply that he dares not forgive?
A life without ripple returning to the sea

To whom is the madness reserved?
To no one if it's you alone who exist.”

CHELLAPEN GITA

MESSAGE OF THE HEART

- ◆ The universe is rooted in the inner sun, the God who dwells within you. He is you.
- ◆ He who sparkles in your eyes, who lights the heavens and earth, who hides in the souls of creatures is God, yourSelf.
- ◆ The heritage of enlightenment is a necklace of diamonds, handed through the ages to be worn by you of noble spiritual birth.
- ◆ As air in your breath, the salt in the sea, though you cannot see Him, God is everywhere.
- ◆ Learn to recognize God within your own heart and see Him in all living things.
- ◆ The sweetest pleasure in your life is love. The warmest abode is in the stillness within your heart. The deepest experience is your union with God. Seek these treasures alone. All else is mindless gymnastics.
- ◆ The whole world is in slumber. That you seek the truth is a sign of your pending awakening, the last few moments of your sleep.
- ◆ As wheat in its husk, the chick in its eggshell, your heart glows within the ego, waiting to be born.
- ◆ As dreams appear real in your sleep, life looks real as you awaken. Both sleeping and waking consciousness are only mirages. The world is an illusion.
- ◆ At the dawn of your awakening, you will look at life with bemused detachment while bathing constantly in a sea of quiet ecstasy.
- ◆ The voice of yourSelf can be heard from the stillness of your own heart.

- ◆ As the light of God fills your soul, desires will disappear naturally.
- ◆ When you awaken from the illusion of time, you will realize that you are eternal. Henceforth, life and death will become completely meaningless.
- ◆ You do not truly live until you realize your own immortality. Your mind will forever seek newer and different experiences, and with them, added problems, pains and yearnings. After your awakening, however, even lifting your finger can appear to be a miracle.
- ◆ Expanded consciousness is the natural state of your being as you are the knower of all things.
- ◆ The voice of God is everywhere. His body dwells in all beings. Yet until the delusion of separateness leaves you, you will naturally see good and evil, right and wrong.
- ◆ We are not the bodies in which we dwell. We are the life within.
- ◆ There is no death. Our bodies return to the soil with age, but we are immortal.
- ◆ There is no time. The past is your memories. The future is your anticipation of the yet unknown. Each is a thought you are thinking in this moment. Your life is eternally in the NOW.
- ◆ Life is sweet. Love is even sweeter. Knowing God, yourSelf is the sweetest.
- ◆ None can forecast his last day. Whatever your circumstances, live with love each moment of your life.
- ◆ Both the curious and distressed will seek self knowledge, but only those craving to know the truth will be able to persist to the very end.

- ◆ Do not allow the world to dictate your happiness. Find joy within yourself by having love in your heart.
- ◆ Life is a play. You are the author, the director and the actor. Even while going through its most intense climax, don't forget, it's just a comedy.
- ◆ Never worry about anything. If you are true to your own heart and perform your duties without yearning for reward, God will take care of the rest.
- ◆ The religious scriptures are just old maps, re-copied until no trace of their original spirit remains. Seek guidance only from an enlightened teacher who himself has traveled the road to his own liberation.
- ◆ Whatever your education, a single touch from God will clear all your doubts. Experience is better than knowledge.
- ◆ As a new mother finds inexplicable happiness in giving her milk to her infant, constant selfless giving will yield immeasurable joy in your life.
- ◆ We are rich whenever we give of ourselves. The greedy are forever impoverished.
- ◆ Do not exhaust yourself trying to change the world. Change yourself and your world will transform accordingly.
- ◆ As clouds form around the globe, thoughts gather in your mind and often burst into storms. Learn to meditate and rise above the weather where the sun forever shines.
- ◆ Wisdom and innocence are one and the same.
- ◆ Do not be afraid. You are the universe. How can the world harm you?

- ◆ The sun rises and sets. Each spring follows a chilly winter. The waves break on a thousand shores. The river carves away the mountains. Have patience. All things come in their own time. You are eternal.
- ◆ The world seeks security in the herd. The enlightened one finds solace in himself.
- ◆ Do not waste your short life in anger, fear or resentment. Train your mind to be happy at all times.
- ◆ As indigestion makes one sluggish, too much book learning will blind you from yourSelf.
- ◆ The truth is being spoken from every lip. You can hear it only if you purify your heart.
- ◆ There is magic in smelling a flower if you have awakened your inner sight. Miracles are happening everywhere.
- ◆ Understanding is like climbing a crystal tower. With each ascending step, you get a broader view of the countryside, but you will see the full picture only from the top.
- ◆ When you feel lonely, the rainfall seems haunting. When you are in love, the shower feels so romantic. When you are ill the downpour is bone chilling. One season follows another, the rain falls and we are still lost within our own minds.
- ◆ A pocket stuffed with gold coins does not jingle, neither does an empty one. The sage and the fool will appear much the same.
- ◆ The intellect is a match stick scaffold of the mind.
- ◆ You cannot smell the rose with a stuffy nose as the world cannot see God being spiritually blind.

- ◆ Your life will have no real meaning if built upon a false foundation. You are not your given name, your occupation, social status nor relationships whether imposed or acquired. First discover who you are then will you know how to live.
- ◆ Criticize no one and the world will not judge you.
- ◆ Be big enough to accept the smallness of others.
- ◆ There is nothing sacred about the spiritual teachings. As you use a needle to dislodge a thorn from your finger, you can use knowledge to remove the ignorance from your mind.
- ◆ The mind reflecting upon THAT is called Self-realization, but no words can describe the unknowable Self.
- ◆ The pages of your life turn but the book remains just slightly out of your reach. Free will is just an illusion.
- ◆ Be the SELF yourself and your self will cease to be.
- ◆ Our bodies are gloves on God's hand. We do nothing.
- ◆ As the curtains draw closed upon your busy day, retire into the reality within your own being.
- ◆ Polish your heart so the world can see inner glow within you.
- ◆ All that you do will meet a dead end unless you make the Self the center of your life's activities.
- ◆ You cannot satisfy all your desires, nor should they all be denied. The conscious expression of the correct desires and the transcendence of the untimely ones is how you purify your heart.
- ◆ If your miseries seem endless, realize that they will also pass. If you can meet your quota of tears in this lifetime, only laughter will remain.

- ◆ Old age and death will retreat from you if you know that you are the eternally youthful Self.
- ◆ Can you worry your way out of quagmire? Don't let worries disable you. Stay calm and look for a way out.
- ◆ Walk, like an elephant, in firm, deliberate steps to withdraw the madness of the world from the lips of your birth.
- ◆ To escape the canopy of darkness under a tropical forest, you can climb a tree which is the act of meditation, or you might clear the jungle which are the practices to purify the heart. The first is quick but temporary, the latter slow but lasting.
- ◆ As you would wash a dirty glass with fresh water, you should immerse your mind with pure thoughts in order to dispel its confusion.
- ◆ One can only drink according to his thirst. Similarly, one can partake in the inner teachings only to the degree of his spiritual hunger.
- ◆ He is not a teacher by his leadership, knowledge nor eloquence of speech, but by his willingness to walk with you through the trials of your life.
- ◆ The true teacher is, kind and modest. Always giving, he asks nothing for himself. Disguised as a common man, he cares not for power or adoration. Contented in his inner peace one catches a glimpse of the brilliance of God.
- ◆ An herb that can heal a man might poison a child. The practice of meditation must be taught by a qualified teacher.
- ◆ As you would not climb Mt. Everest without preparation, you must exercise your mind and body before scaling the height of yourself.

- ◆ Think well of yourself. Strive to be confident and loving each day, for peace on earth begins with you.
- ◆ As a woman experiences a range of emotions throughout a pregnancy, one should expect anguish and pain on the road to spiritual rebirth.
- ◆ Until you trust listening to your own heart, seek the help of an enlightened one to direct the conduct of your life.
- ◆ As one would ignore the ice water until he has eaten too many chili peppers, you will begin to turn inward only having tasted both the sweet and bitter fruits of life.
- ◆ Knowing yourSelf is a process of unlearning - to return to the innocence of your childhood.
- ◆ As restless subjects make a kingdom ungovernable, so you must pacify your body, your thoughts and control your desires.
- ◆ The truth is simple and direct. The path, however, is intricate and often confusing. To save on bumps and bruises, it's a very good idea to find an enlightened teacher.
- ◆ Throughout your reproductive years, expect sex to preoccupy your mind even as you seek to purify yourself.
- ◆ The world in its ignorance will use you. Be gracious. What they take from you is only the emotional and psychic baggage of your ego.
- ◆ You cannot stop a hurricane by cursing the sky, similarly, you will not overcome desires by fighting them. Learn to be still. The storm will pass in time.
- ◆ Inner contentment is the reflection of the one who knows that he is immortal and omnipresent.

- ◆ As you would not trust a captain who has never sailed, listen only to the teacher who is one with Himself and who knows His oneness with you.
- ◆ When your body and mind become attuned to the inner laws, your soul will be freed to contemplate on the blissful Self.
- ◆ Don't burn your hut until you have built a stone house. Don't discard your old beliefs until your teacher provides you with a solid new reference.
- ◆ Honor the protocol of relationships but partake not in their sweetness. This is how you maintain both independence and inner dignity while living in the world.
- ◆ Test all that you have been taught against what you have learned from within. Blind faith is a sign of laziness.
- ◆ Have no desires, not even for your own spiritual liberation.
- ◆ Do not despair at making no progress. Your feeling of despair is also one of the lessons on the road to the Self.
- ◆ Unless you are born a saint, you will eventually need a teacher. The mind will not easily accept your realizations without external confirmations.
- ◆ There is no inherent merit in education. You must unlearn everything to become enlightened. Until then, sharpen your mind to face the complexities of life.
- ◆ Like a feather landing on silk, let your selflessness be the stamp you make in the world.
- ◆ Believe, as you would drop anchor in a stormy sea, but raise anchor and sail when the sky clears.

- ◆ Whether living with angels or among thieves, your own destiny follows you. Realize that there aren't any greener pastures behind your fence. Cultivate your own kingdom to become liberated from the bondage of your life.
- ◆ As junk foods contain few nutrients and contribute little to lasting health, short cut yoga or motivation courses yield no permanent peace. The magic formula is patience and hard work.
- ◆ The gradual brightening of your life will encourage you to keep on striving.
- ◆ Spiritual attainment cannot be inherited from the teacher. That is why Utopian societies always collapse in the second generation.
- ◆ As you would feel drowsy without a full night's sleep, unless you completely exhaust the dream of your life, your inner awakening will be spotty.
- ◆ Life's demands may not give you the time for meditation, therefore make your daily tasks meditations by performing them with devotion and with concentration.
- ◆ Consciously finish each thing you have started. A siren will continue blaring until you shut it off.
- ◆ You must decide to know the truth, without that you will lack the will power to push aside the boulders in your way.
- ◆ Nothing you can do or not do will bring you enlightenment. If you can remain still, the Self will naturally reveal its faces.
- ◆ To live a happy life, you must uphold your visions and push back the communal madness of your society.

- ◆ Life does not have any purpose. Remember this as you watch the people in the world vainly searching for a sense of purpose. Love is what makes our life worth living.
- ◆ Do the difficult things first so that you can handle the rest of your life with ease.
- ◆ Like a flutist gaining mastery by repeating the scales, perfect your yogas with care. This is the foundation from which you will soar into the inner skies. Fudge on this starting block and you will wallow in the swamp for years. Let the swamis stroke their white beards. You must continue to mop the floors and purify your own heart.
- ◆ As you would not bark back at a dog, do not waste your time arguing with foolish people.
- ◆ It takes courage to be constantly happy. You must strive to do so if you wish to conquer your own life.
- ◆ To be cured, you do not need to know how the pill works but only to take the medicine as prescribed. Similarly, you do not need to understand the secret of yoga, only practice it regularly.
- ◆ Your self esteem begins with the recognition of your own divine nature. Your mind will never respect your inner greatness until it observes you performing acts of deep compassion and forbearance.
- ◆ Loving is to have no need to possess. Contented is he who understands this secret. Everyone else suffers the nagging discomfort of relationships.
- ◆ If you do not master the art of loving to gain control over your passions, you will have to bear the yoke of marriage as defined by the rules of your society.

- ◆ The true Guru plants the seed of wisdom in the seeker's mind and then steps back silently to protect the seedling as it blossoms in the fertile soil of the heart.
- ◆ It is natural to feel distanced from the world when you begin your search. At first you will perceive society to be gross and the spirit to be refined. Then you will rediscover the same clarity within the world. Finally you will give up both perceptions and live in the oneness of light everywhere.
- ◆ To light even a million candles would only brighten a corner of the night. To chase away the darkness, the sun needs only to rise. Seek first to realize the Self. Peace in the universe will follow.
- ◆ The sequoia redwood tree casts millions of seeds before a single sapling takes root. Ignore what seem to be endless failures. Persist and you will succeed.
- ◆ You will have no peace in the here and now until you have tried all the naughty things you have always craved.
- ◆ Like a player mesmerized in a chess game, you can lose a lifetime earning a living for your family without ever looking up to see the magical universe around you.
- ◆ Be wise but act silly. This is the key to a truly hilarious life.
- ◆ We are rich when we are willing to give. The misers are eternally poor. The secret to spiritual freedom is to give of yourself. Give your love, your wealth, and your time freely to those who need them. Have the courage to allow even the small minded people to use you. For what they take from you are not your possessions, but your attachments to that which you cling to as part of yourself. The more they take, the closer you will be to the purity of your own being. Do not fear. God will protect you. If you have love, you can live on bread crumbs. Without love, the caviar will poison you.

- ◆ Learn to distinguish the difference between love and its expressions. The selfless sun shines on every creature daily without asking for any recognition. So love is the light of your Self radiating to the world from within your own heart. The expressions of love are the affection you give to your children, the caring for others, attraction to the opposite sex, lovemaking and the creation of the next generation. If you seek spiritual greatness, you must glow from your heart without being attached to love's many wonders. For as often as you fall in love, you eventually fall out of love. Practice being the source of love and you will be eternally in love. This is very difficult to do, but a loving Guru can show you how by the conduct of his own life.
- ◆ There is no room for superstition for the sincere seeker of the Self. Those who enjoy complex cosmic explanations, full of hocus pocus about the world are showing their ignorance of their own inner being. The simplicity of children shows the fullness of Self-knowledge. Who can know you more intimately than yourself? How can you come closer between yourSelf and you?
- ◆ Even if you must spend the rest of your life to bring yourself to that one moment of Self-realization, it will be well worth the effort. For that one moment will give you eternal life.
- ◆ As life is a bushel of both sweet and sour apples and we have to eat them all before we leave the orchard, one must train his mind to face each experience in his life with cheerful optimism. Life must go on even in the face of terrible losses, so why despair. Sing a happy song and move on to the next adventure.
- ◆ It is truly not what you give but the love by which you give that makes the gifts glow in the inner sky. A flower given with care sparkles like a diamond. A million dollar gift contributed out of an obligation is just a loan.

- ◆ Remain in good health. Work to keep your mind at peace. Live in selfless love for others and God will reveal himself to you.
- ◆ To be a friend to everyone, you must have the empathy to honor each person according to his or her understanding of life.
- ◆ Never hesitate to be the first to apologize even if you are the one faulted. To forebear is to honor your own heart.
- ◆ Give up your power in the world and all the power of the universe will rush to you.
- ◆ You come to know God with your heart, through love, compassion, self-control and the practice of service to others. God can never be known through the mind regardless of your learning or the strength of your intellect. The more you think, the more confused you will become.
- ◆ If the world does not seem to understand you, then in truth you have yet to understand yourself.
- ◆ Endure the most terrible loss without flinching and fear will leave you forever.
- ◆ Disregard the teacher who accepts the adulation paid to him by his followers. He who thinks himself wise is the biggest of fools.
- ◆ Disguise your spiritual genius by appearing to be foolish. This is how humble you must become.
- ◆ Have courage within yourself and be invisible in your good deeds in the world.
- ◆ After a day of devoted work and meditations, do not unwind with bouts of drinking and illicit sex.
- ◆ The spring monsoon sweeps the dead branches from the jungle. Crisis does the same for your life.

- ◆ A dam bursts and whole villages are washed to sea. Be alert to mass hysteria coming your way.
- ◆ From this spot to the ends of the earth, your inner goal is always just under your feet.
- ◆ Do not envy the rich and famous. Misery, like chicken pox, equally afflicts everyone, even behind those masks of smiling faces.
- ◆ If your heart is completely pure, even your anger is a blessing.
- ◆ The only book worth reading is the book within.
- ◆ We must remain capricious within while appearing mundane and harmless to the world.
- ◆ Whatever you run from will chase you.
- ◆ Do not seek a place in any society, however comforting that might seem. For by accepting class distinctions, you will lose your place in the heart of humanity thereby separating yourself from the being of God.
- ◆ Recognize the presence of God even in greedy and lustful people.
- ◆ Always be a friend to yourself. You can live away from others but can never be apart from yourself.
- ◆ The world will respect you if you can respect yourself.
- ◆ Why adorn your face for your lover to admire if you are not beautiful within for yourself to see?
- ◆ Enlightened people do not play mental or emotional games. If you speak with your heart, other hearts will listen.
- ◆ True humility is to know that you are everyone else, but trying to be humble is an act of arrogance.

- ◆ Deflect negativity from yourself by being supportive of others.
- ◆ Good deeds do not erase the bad. Virtues only give you the serenity to search within.
- ◆ Knowing that death might claim you without notice, learn to live your life free of worries.
- ◆ Work, rest, or play, if you make them all a game, then you can be conscious of yourSelf each waking moment.
- ◆ Always show respect. Degrade no one. Even the lowly caterpillar will become a butterfly someday.
- ◆ Your duty as an enlightened person is to recognize the noble qualities of others thereby helping them bring out the humanity hidden within.
- ◆ Visionaries and fools have come and gone. Revolutions and utopias grew and dissolved into the mist. Did the world really change one iota? Give up this idea of social reform. The truly noble life is to absorb yourself in Self-realization. The grace of God will shine through you for all to enjoy.
- ◆ You cannot fight to win peace. Battles beget further conflicts. Be still and there will be peace.
- ◆ Ambition breeds turmoil. Shun the carrots that the world gives to entice endless creativity.
- ◆ Be straight forward in everything. Enlightened people do not make deals, whether expressed or assumed.
- ◆ If you have the chance to give to the truly needy, do so with all of your heart, for the keys to your spiritual freedom are shown to you only a few times in your life.
- ◆ By having nothing, you gain everything. By being nothing, you become the world.

- ◆ This universe is within me. This universe belongs to me.
- ◆ The world is mad. Religions are organized madness.
- ◆ Life is a buffet. Enjoy it. Don't cut in line. The curry you want to eat will still be there when your turn comes.
- ◆ Look ahead, walk slowly, a step at a time. You will get there soon enough.
- ◆ Don't become so busy that you suddenly sit up on your deathbed and say "Oops! Where did my life go?"
- ◆ (Point to the heart) Here is the center of all the worlds.
- ◆ One mind, one soul, one Self.
- ◆ If you sleep on a bed of nails without first being properly trained, you will puncture your fanny. Similarly, don't act crazy until you have mastered all the inner disciplines.
- ◆ Those who claim to be empowered by God are actually emboldened by their lust for you.
- ◆ Put on your panties before you put on your pants. We must be clear in our priorities.
- ◆ Girls crave attention, so they struggle to appear unique. I can smell a single magnolia blossom even in a dense jungle. Real inner beauty needs no advertising.
- ◆ Doctrines belong in latrines.
- ◆ The religious people are happy in their gilded cages, but you and I are songbirds of the forest.
- ◆ Always remain conscious even if you are locked deeply in a sexual embrace.
- ◆ Like a sweet mango, your heart matures when you crave God as much as you long for your lover's return.
- ◆ Throw a rope to your friend mired in quicksand but don't jump in after her.

- ◆ I cannot give a pig a bath if we are both sitting in the mud together.
- ◆ A broken branch crackles and the mice flee. The elephants, however, graze unperturbed. Be strong in your convictions, little mouse.
- ◆ Critics are crickets, silenced at sunrise.
- ◆ I don't care what I say because I am not the one talking.
- ◆ Stop running into lecture halls to listen to the babbling of the big swamis. Become the sun, not just a sunbather.
- ◆ A parrot can talk but cannot understand its own jabbering. The swamis are just full of opinions these days. Inherent within vows are the seeds of mistrust.
- ◆ From religion to delusion to total confusion, it's just a matter of time.
- ◆ They call Chellapan a madman. What a fine compliment!
- ◆ Innocence in the ways of the world makes you tender in the ways of love.
- ◆ The love of my life is the giving of that love in my life.
- ◆ To find mySelf, I walked naked from the prison of my ego into a hurricane's embrace.
- ◆ A slave is he whose career becomes his identity. You must learn to become more humane.
- ◆ (The newspaper reads, "Plane crash kills 53 vacationers.") Do not regret the past. Don't fret about tomorrow. Who knows when our life will end? Relax and enjoy our todays.
- ◆ A kettle whistles only when the water boils. I will speak only when agitated.

- ◆ Sacredness is not found in our world. Our holy abode will someday also see bullets fired in anger by racist and bigots.
- ◆ Win the rat race and become just another rat.
- ◆ Do great things as if you are doing nothing.
- ◆ If you can give up both your life and your death, only your love will remain.
- ◆ Most people shop for God like a gourmet trying restaurants. The real spiritual path is more like a kitchen apprenticeship. The hours are long but the meals are good.
- ◆ If you continue to protect your status, your properties and women, have you really evolved beyond the dueling bucks in the mating season?
- ◆ Be alert like an owl, quick as a cat, hard as granite, but soft as down. Stand firm like a banyan but bend like a reed. Be wide as the sky and deeper than the sea. Become this refined and still be ready to renounce your precision immediately if you are to live at one with your Self.
- ◆ The knowledge of God is priceless. Share it freely. It belongs to everyone. You must never sell the teachings.
- ◆ Keep secret your inner discoveries to evade the doubting criticisms of others. You'll have ample time to roar after your own awakening.
- ◆ There is no need to water down the Truth for others. You must embody the spirit of the Self, else all your wishful thinking will fail because the emperor is in fact wearing no clothes.
- ◆ Let your inner peace speak silently for itself. The Truth needs no defending.

- ◆ The world respects only he who respects himself.
- ◆ The mysterious spiritual path is in truth the conscious conduct of your own life.
- ◆ Don't be lost to the psychic experiences within your head. Flying through the universe or seeing cosmic beings might be fascinating but you were born only to realize the Self and to dwell in the grand stillness. Do not forget your purpose.
- ◆ If you know that you are at one with the world, then you cannot accept any privileges nor allow anyone to serve you.
- ◆ Accept only that which is graciously given and attuned to the needs of your personal karma.
- ◆ Take no stock in the thoughts or writings of others. Learn from within using the tools given to you. Experience eliminates all speculation.
- ◆ Work is noble. Don't avoid it. Labor separates the sediment from the muddy water so sunlight can shine to the bottom.
- ◆ Do not define good or bad work but rather make your assigned task a game and you will never tire. Realize that work is but a game you play to purify your mind.
- ◆ Observe from afar your own work and recreation, then you can reflect upon the Self each waking moment.
- ◆ The true Guru is your inner voice coming to life. You must revere him as God Himself even if he resists in modesty.
- ◆ He who craves to teach is not qualified to teach.
- ◆ It is hard to sleep with the lights on. One cannot remain ignorant while in the company of a sage.

- ◆ Eagles nest on granite cliffs. Great minds rest in unreachable places.
- ◆ If you rely upon logic like a drowning man clings to a toothpick, your teacher will deliberately behave irrationally to help you sever this attachment. Then you have to start using your intuition.
- ◆ Remember, there is no need to learn the Truth. You must experience it for yourself, after which, the world will become completely transparent to you.
- ◆ Only when you have walked on high wires can you dance on roof tops without fear of falling.
- ◆ Your teacher can draw up the escape plans but you must break out of the asylum on your own.
- ◆ You must allow the consciousness of Self to permeate all your daily tasks. The path isn't just another hobby.
- ◆ Despite vain and persistent monkeying by the human race, God's will has and shall always prevail. Do not try to empty the ocean with a bucket. Learn to align yourself with the cosmic plan by mastering the art of self-surrender.
- ◆ If your mind rumbles like a runaway chariot, know that you will regain the reins only when the horses tire.
- ◆ As a blind man must feel his way across a strange room, most people use reason to guide them through life. As such they are forever confused by life's inherent contradictions. When you finally open your inner eyes, you will be able to walk boldly across even a sea of cactus.
- ◆ Do not seek a system of new beliefs from a true guru. How can you be free of your mental bondage by asking for a newer set of chains?

- ◆ Allow no one to have power over you and have no power over anyone.
- ◆ The Truth is heard from within. No one can compose it. No one can possess it.
- ◆ The tree of life contains all the mundane and ecstatic experiences anyone can imagine, but to know God, you must have courage to jump out of the tree.
- ◆ He who works selflessly can never be enslaved.
- ◆ Don't run with the herd but also don't stand in its way or it will trample you.
- ◆ Do not allow the swamis to confuse you with their long phrases. If you thirst to know the Truth, the water will taste equally sweet in a coconut shell as in a silver cup.
- ◆ The bigger his words, the smaller his brain.
- ◆ Your conduct cannot be judged by the mores of secular or religious societies. Endure ridicule and self-doubts. Trust your heart and proceed magnanimously.
- ◆ The world is exactly what it is. There are no psychic mysteries. The prophets and siddhas are just as confused as the drunks in the gutter. Maybe even more so.
- ◆ Bees fly to nectar, and flies swarm upon cow dung. Each swami attracts the students he deserves. The earth provides each to its own needs according to the will of God.
- ◆ Being holy is not the same as being enlightened. Know the Self by yourself. A clean empty room is still a pitch dark place if you don't switch on the light.
- ◆ Don't be angered by profiteers soiling the teachings. Cockroaches will get into the honey from time to time but the bees will eventually expel them.

- ◆ From innocence to worldliness to wisdom and back to innocence. A great soul can be profound without effort. Still water runs deep.
- ◆ Can a doctor examine your malady if you won't take off your clothes? How then can a Guru relieve your burdens if you refuse to reveal your heart?
- ◆ You cannot live fully today if you have not welcomed your death as part of life.
- ◆ Can a one-arm man grasp his own hand? Similarly, you cannot hope to understand your mind by thinking.
- ◆ To dissolve the ego, give up your personal will once you have mastered complete self control.
- ◆ If your heart is rich with love then you really can be caring. Those preachers of love, full of sugary words, are just a gang of emotional beggars.
- ◆ There is no one in the world but we are not alone in the being of the Self. Secret of secrets.
- ◆ Competitiveness is an instinct you must first excel in and then transcend if you are to be one with the rest of humanity.
- ◆ Practice seeing the Self everywhere because He is, but do not confuse Him with the toy box of beads and crystals that the religious peddler will try to sell you.
- ◆ Like pack mules marching off a cliff, the blind regimen of work will drive you closer to insanity unless you learn to soar like a falcon in the inner skies.
- ◆ The grand ideas of the ages are only beetle tracks crossing the desert sands of eternity.
- ◆ The ambitious eyes are the doorknobs to the vacant heart.

- ◆ Undoing mistakes, facing new problems, planning for tomorrow, when can you spare the time to contemplate the magic of this moment?
- ◆ The world is not improved by your deeds and or lessened by your neglect. Have the courage to allow the river to flow on its own course.
- ◆ When your kindness is abused by rogues and bullies, you will discover the size of your own heart.
- ◆ Climb out of the swamp. Shake loose the crusty beliefs of your culture and roar like a lion.
- ◆ Friendship and affection are your only pensions. Money won't buy you real care, no more than a prince can ever trust his mercenaries.
- ◆ You can struggle forever to be saintly, but without knowing the Self, you will only be wrestling with your own shadows.
- ◆ Do not fear, death is painless. Clinging to life is the source of the misery. You will miss the joy of living if you continue to gaze wantingly into tomorrow.
- ◆ Discard all learning and realize the Self. That is all that you have to do.
- ◆ The temple built in the world is just the candy wrapper for the temple you dwell within.
- ◆ Do not be rooted to your society. When the wildfire scorches the grassland, only those with spiritual wings can fly to safety.
- ◆ The enlightened life is to be constantly aware of your Self while gliding through the follies of everyday existence.

APPENDIX
Additional letters from the Sage



The Enlightened Life

Namaste, beloved old friend:

Sorry for the delay in replying to your letter. I had to wait for the right moment before I could begin writing.

I am happy to hear that your life is filled with generosity and love. Yogaswami (Sage Yogaswami of Jaffna, the Guru of Daya's Guru Satguru Subramuniaswami) and I both agree. The only true Saivism (One of four major Hindu denominations, naming God as Siva) is love and nothing more. The only Sanatana Dharma is in selfless giving, or Sivathondu (service to God). So in generosity you give your own life real meaning and open the door to Self-realization.

Yes. I am continuing to live in bliss in the eternal moment. Free of burden, desire, or purpose, I go dancing with Siva(God), assuming his many forms to awaken the sleepy souls appearing before my consciousness. My personal life is essentially over. Why do I still live? Tradition says that a sage may consciously leave his body when his work is done. Well, I intend to exit as soon as possible. I hope to first make a small contribution to the Upanishads (commentaries on the most ancient Hindu scriptures, the Vedas) and if you intend to stay a few more years, I'd like pass on with you a few revelations for the amusement of those walking behind us. Hope you have the time to help me out.

Remember the promises we made. You, to be an achariya (learned priest or spiritual leader) presiding over your own great Siva temple, channeling the Shakti (divine energy) to merge the many worlds into one. Me, to assert through my own inner life that Siva is all and Siva is the Self - That He dwells in the temple of the heart and is every soul's destiny on the road of Love. For us to fulfill these promises shall glorify of our lives and bless lives of millions for ages to come.

Of more mundane things, I was restructured out of a job. I have been doing PC consulting for pocket change and have

enrolled in a Certified Network Engineer program - just in case. I feel a little silly about this as you can imagine. I should be sitting in a hermitage in the shadow of a great temple at sunset, promoting love, giving encouragements, radiating grace and using my titanic gift of inspiration to bring life to the scriptures and immediacy to the rituals. But as Chellapa (Sage Chellappaswami of Jaffna, the guru of Yogaswami) said, "Who Knows?" so I live quietly and let the dreams go on.

To conclude, may your days be filled with the awareness of Siva. May your karmas tire and drop away to reveal you and I to be the same reflection upon the cosmic mirror of Siva gazing at Himself. Though years and miles seem between us, you have always lived in the warmth of my heart and under my spiritual protection.

Wishing you a happy holiday and hope to see you soon.

Love,
Daya

Of Desires

Namaste, my friend,

In answer to your email, yes, I am still interested in girls, but like a botanist in flowers and not a jock looking for a lay. When desires are dead and you live in inner space, religious practices like bramachariya seem silly, the question moot. In the last year, great inner power has showered upon me. Not however the psychic and manipulative powers of the big swamis but the mature power that comes with the assimilation of the many forms of Siva.

And this is as it should be as promised in the Vedas, that Siva will take the form of he who wants nothing for himself and realizes that he is indeed nothing. Only in such a channel can Siva direct his shaktis, and such is the great dignity of the Sanatana Dharma. Indeed as Vivekananda (Swami Vivekananda, a widely known Hindu teacher who came to America in 1893 as a delegate to the World's Parliament of Religions) reminded us, the greatest souls are those the world does not know exist. Like Vivekananda I have bad asthma and I will probably remove this body from the earth.

Such irony.

Love
Daya

Reconciliation

Thanks for the employment advice. In the ways of the heart, I listen to the inner voice, but in the ways of the world, you are my Guru. The toner people decided to go cheap, so I withdrew.

As far as your guru, what is our relationship? Since he cannot see me unless I invite him and I cannot see him unless he invites me, our relationship I suppose is proper for mystics - no relationship at all. He does not need me to do his work, and I don't need his spiritual guidance. We have no real common interest. Carummba! What a state of affairs.

I recognize your good intentions but it's unlikely I can be a part of any religious society or monastic order. I entered this world with my own Vedic Guru handbook (The Vedas are the most widely accepted Hindu scriptures dating back to 6,000 BC) and a mission to strip away the barnacles on the Santana Dharma. To be part of a religious franchise would compromise the very heart of that wonderful gift. I would stop handing out gems and start peddling cubic Zirconias - not the mission the Lord intended after what He made me go through. So I might whine to you from time to time but in fact I am certain in the destiny before me.

Much love as always
He who was born in the year of the pig.

Will Power

Namaste great achariya Sadhu!

Yours is an excellent question because deferring to “God’s will” has been an excuse for laziness since the beginning of time.

The Upanashad says “As long as there is duality, one sees ‘the other’, one hears the other, one thinks of the other, other knows the other; but when for the illumined soul the all is dissolved in the Self, who is there to be seen by whom, who is there to be heard by whom, who is there to be thought of by whom, who is there to be known by whom? The Intelligence which reveals all - by what shall it be revealed? By whom shall the Knower be known?”

Simply, If you know your oneness in Siva, then in giving up the ego you become one with the will of the Lord. As His instrument of grace, you will listen carefully to the inner voice and follow His directives whether to act or to remain in summa iru. (being still).

However, if the ego remains, then you cannot distinguish the personal will from the Lord’s will. So in a moment of frustration, fatalism might set in. “What’s the difference? why should I strive? It’s all God’s will so I’ll take it easy and wait for my next reincarnation.”

The truth is that fatalism, like ambition or any other ignorance, is just another aspect of karma that each soul must face and will eventually overcome. As Lord Ganesha guides us from one gateway to the next on our inner journey, there will be the gateway of fatalism, the gateway of exerting the will, gateway of working out karma, gateway for seeking meanings. If the soul confuses fatalism with the Lord’s will, that is the gateway of misunderstanding that he is under but that too will pass.

So you see, our spiritual path is always perfect. The sloth will eventually find fatalism tiresome. The ambitious shall

realize his personal will to be futile. The rational will find meaning and understanding unnecessary in the warmth of Siva's bliss and all the questioning and searching will end when you realize that you and Siva are one.

In our years as monastics, you had observed the determined will, the fanaticism, that I undertook in my sadhanas. I had no attachments to the Mormon church. I knew that being a top earning waiter was meaningless. But the purpose of sadhanas is not to reach God, but to make the body strong and the mind transparent for the soul to live in when Siva finally reveals Himself. So I went along, striving and preparing my being for His eventual union.

Love
Daya

The Path

My physical birth is not important. My actual birthday was on the morning of January 29, 1973, when I woke up realizing who I really was.

You don't need to long for the Self. The Self is not a state of being to be attained. The Self is your natural being when the ego finally gives way. Better to concentrate your energies to resolving your own karma. Work selflessly to serve those around you with love and with understanding. Then one day, all of a sudden, the personal self is forgotten and HERE YOU ARE.

It's that simple. You do not have to worship your Guru. You do not need to memorize the shastras, perform pujas, do penances or go on pilgrimages. Be true to yourself, keep your promises, do your duty, renounce desires and give of yourself with love. This is the true Sanatana Dharma, the singular simple message I brought into this world.

Despite my ignorance, this was the road I traveled, as did our beloved Yogaswami and countless sages dating back into the shadow of time. At the journey's end, you will finally have inner peace. You will discover the eternal stillness, feel the wholeness and bliss that you are. This is the resting place I found, on the throne of Yogaswami, upon the lap of our Lord Siva waiting for all the souls of the entire universe to return.

You are right with respect to your guru and me for we are One in the heart of our Lord. Dharma, however, requires that I adhere to the spirit of the sannyasin, a spirit so aptly described in the poem of Vivekananda. To be true to that ideal, I must stand completely alone; that keeps me from becoming a part of the institutions and beliefs that your Gurudeva has constructed. Still, we do have our place. Traditionally at the perimeter of the great Siva temples there have always been madmen living out their cosmic, incomprehensible existence. They were, in fact, the heart of the temple and the power

behind the teaching. Your Gurudeva will understand.

Sometime soon I would like to get together with you and chat. Perhaps the time is ripe for me to sit in a hut somewhere absorbed in Siva consciousness to empty my heart of the boundless inspiration and sweet knowledge that the Lord has entrusted to me. To use His grace to heal the hearts of many from the ravages of karma, to clear their minds of confusions. To give their lives a sense of purpose and the individual acts their proper perspective. To inspire all to see the miracle and glory of our spiritual destinies.

This magical mission could transform the lives of many. Will it become true? Does the need exist? Is this the right time? Perhaps you can help me find out. As always, I will look forward to hearing from you.

May the Lord and His infinite grace be upon you.

Love
Daya

Nothing Left to Do

Beloved Sadhu, Namaste!

Just a quick note to follow up on a few things.

I have written your Gurudeva to resolve any misunderstandings between us. It's a step that I should take before I leave this consciousness.

As you know, my personal existence is coming to an end. There's nothing left for me to do - nothing to be. Unless I pick up the great Vel (the lance of spiritual discrimination) to do His mission, then I should leave this earth. I would like your advice at this fork in the road, so let me know when we might get together.

The Lord's grace upon your noble soul.

Love,
Daya

The Inner Work

Hello, Sadhu:

Happy birthday, old friend. I hope that you are growing healthy, wealthy and wise. Though you are not within my spiritual influence, remember, you are never out of my circle of my love.

I am holding the umbrella and keeping many hands steady. Constantly I have to shift my consciousness to take on Siva's many manifestations and yet be very careful of remaining nothing. Such is the guru's life.

In the last few months, my inner work has been become more taxing. You have noticed, with deepening recession, the inherent violence and aimlessness of this society have begun to surface.

My job is to uphold the simple faith in love, in spiritual destiny and the dignity of individual whatever their station in life. On top of that I have to keep the human predators in their place else the young souls will stop listening to their hearts and join the apes rapping in the ghettos. Carummba!!

Do drop in to see me if you pass this way, but come with a child-like heart, and if you have found the purity within yourself, then you might even give me a hand.

Lastly, a thought I had while taking my shower this morning.

An established religion is like a large finely embroidered cloth. People use it to cover the garbage in their basement while friends are visiting. But I am the health inspector with a sensitive nose. When I show up, those cans have got to go!!

Love,
The sage of the pacific storm

Christmas Message

The Light is the light of my life
It shines in the summit of consciousness
It is the light of the Self in the world
It is the light of my Self in me.
The Life is the life of my life
He lives in the dream time of all the moments
He is the life in the heart of all creations
He is the life of my Self in me.
From the darkness to the first perplexing question,
From the vain probings through the infinite doorways.
It waited in stillness to give me illumination through grace
He, the blissful witness is the singular existence.
He alone is the Self. He alone AM I.

Dearest children of our Lord Ganesha,
Walk with me, like elephants, with soft deliberate steps
Through the conscious crossing we call our own lives
Toward the destination of no place, on the journey beyond
time
Into the fullness and dissolution of our precious beings.
The Self, you and I.
Come, stand with me, to give of ourselves with humility,
to share of our love with no conditions
while we live in our anonymous spiritual grandness,
a tiny palace we share with knowing glances.
And alas, we plow the hearts and sow
the seeds of love yet for another generation.

So in this blessed season, may joy come to you,
to you and all your kin.
God bless you for a Merry Christmas.
God bless you to a Happy New Year.

Yoganthan

The Spirit of Worship

Hi Sadhu,

Got your note. VGA is getting cheaper all the time. It makes the computer lots more fun. I've done some research if you ever want to upgrade. ...(snip)

Now finally, we can move beyond the fluff ...

Consider the following answer by the great sage Yajnavalkya to the challenge of the priest Aswala, from Brihadaranyaka Upanishad.

Aswala: "Yajnavalkya, since everything connected to Puja (Hindu worship ceremony) yagna (type of puja using fire, ritual sacrifice) is pervaded by death, and is subject to death, by what means can the worshiper overcome death?"

Yajnavalkya: "By knowledge of the identity between the worshiper, the fire and the mantra (chant, a word or phrase used in worship and meditation). For the mantra is indeed the worshiper, and the mantra is the fire, and the fire, which is one with the Self, is the worshiper. This knowledge leads to liberation; this knowledge leads one beyond death ..."

So, my friend, think on this as you sit before your Sivalingam (elliptical shape used in Siva worship to represent the formless aspect of God). The real spirit of Puja is not as the temple claims, to unite the three words which leads to psychic bondage. It is not to invoke the power of Siva as the big swamis claim which leads to egoism, but rather it is a ritual act on this plane of existence to confirm the unity of the Soul and the Self.

I myself have always possessed this knowledge and now you know how I felt sitting in the Siva temple watching the emotional expressions, the noise, the charade of the Swamis.

Anyway ... One day I hope when you are ready to catch that big wave back to the shore of yourSelf, you will find me strolling blissfully on the edge of the surf and watch my footprints disappearing back into the sand. And you, full

of the world's power hopefully will have the humility to be transparent and help me, if only for a few cosmic moments, bring the religion of love back on this earth.

the nameless one.

The Big Swamis

Dear Sadhu,

I will be taking courses in Unix and C next semester. (snip)...

Now for the serious stuff.

You should stop referring to us, the enlightened ones, with the flowery phrases that the foolish Hindus have used (Great sage, gracious feet, garlands of blessings, unworthy devotee, etc.) and that the lazy chelas (disciples) developed to kiss ass and massage the egos of the big swamis through the centuries.

Beings like Siddharta Gautama (Buddha), Chelappa, Yogaswami, Yagnavelkya, Narada and the little fella you call Daya are indeed the great sages of their generation and a blessing to the earth that made them. But they are great not in the admiration and adoration of others, nor in the power of their realizations, nor in the clarity of thoughts nor in the poetic beauty of their sayings. They are truly great in their eternal consciousness that they are in no way special; that in completing the entire journey they have become one with the human heart and as that heart that beats in every being they could not be more common.

The word seer simply means one who sees. The word swami means "he who is Himself." The social and religious implications that have come to be accepted with these titles have been imposed by the big swamis and we the cosmic brotherhood in no way accept or condone them. That is why we live lives of fools, never surrendering our austerities, repelling the respect directed our way, quietly working, living, giving in invisible ways.

Let this secret be heard among all devotees and bring shame to the big swamis in their ironed saffron robes, with the well groomed white beard, the gold watches, credit cards, dinning out and the extortion of tithe in exchange for spiritual stability, living in luxury in the charade of poverty,

satisfying their sexual fantasies in the disguise of holiness thus showing contempt for the acts of procreation.

So my friend, speak to me in the voice you speak to your own heart in the quiet hours of the night, and answer me with the mature courage of the voice that answers from within and you will join in the song that we sages sing together across the centuries and beyond.

This message will self destruct in 30 seconds.

Good luck Sadhu

The faceless one.

Oneness

Namaste Sadhu,

Beloved old friend. Just a quick note to wish you a happy birthday. May you enjoy the bliss of Siva in the knowledge of your oneness with all beings; oneness with your own eternal Self.

Om Namasivaya.. Love,
Daya

EPILOGUE

The Heavenly Blue Book of GOD

Sadhunathan Nadesan

The material world is only appearance, but like a magnet it draws us back into itself.

All things perceived are created within, as are all things felt and experienced.

We can find nothing outside ourselves because we are ourselves - within ourselves. we are not in the world, we are inside our own beings and separate from the world.

The search for happiness outside the self is destined to fail because it proceeds in the wrong direction. The true path is to turn within ourselves.

The very core of happiness within is communion with God.

God is not in the material world. He resides in the non-material world of self-awareness. This is the world that we must enter into; there we can become one with Him and find true happiness.

God is within us - as He must be - because everything we can know must be within us. Only thus can He become part of us - one with us - our God.

In death we remove the outside world and leave only the self.

Death unites us with God.

Heaven is reaching within one's self to find God - to know Him and be one with Him.

You must die to find God, thus you can be born again.

Life is given us by God so that we can enter into the space-time continuum, the material world. It is a test in that we must find the right path back to Him.

Life gives us the chance to learn that God exists and that we must find Him.

We must prepare to meet God. Read the scriptures. Study the self. Be good. Be humble. Love all.

All religions are one. However we come to know God is unimportant.


Joy is ever increasing with God.

We are separated from God by life so that we can increase the total of God when we realize that we are God and then return to Him.

We = God = Love

Love is an immaterial thing in a material world which enables us to reach another immaterial thing outside ourselves, i.e., another person.

Prepare yourself. Love me. Love everyone. Love yourself. Love God. You are God!



**All the days of our life
have led up to this day, today.**

**Therefore, this is the day
you've worked for all your life**

Everyday is that day.

It's always been that day!